

Travel Advisory for Zika Virus Disease

- Non-essential travel to the affected countries to be deferred/ cancelled* .
- Pregnant women or women who are trying to become pregnant should defer/ cancel their travel to the affected areas.
- All travelers to the affected countries/ areas should strictly follow individual protective measures, especially during day time, to prevent mosquito bites (use of mosquito repellent cream, electronic mosquito repellents, use of bed nets, and dress that appropriately covers most of the body parts).
- Persons with co-morbid conditions (diabetes, hypertension, chronic respiratory illness, Immune disorders etc) should seek advice from the nearest health facility, prior to travel to an affected country.
- Travelers having febrile illness within two weeks of return from an affected country should report to the nearest health facility.
- Pregnant women who have travelled to areas with Zika virus transmission should mention about their travel during ante-natal visits in order to be assessed and monitored appropriately.

* Based on available evidence, World Health Organization is not recommending any travel or trade restrictions.