

Fellowship Report- Dr. Vibhu Mendiratta, Professor, Lady Hardinge Medical College and Assoc. Sucheta Kriplani and Kalawati Saran Children Hospital, New Delhi

Period of Fellowship- 4.2.13 to 18.2. 13 at Sick Kids Hospital. Toronto, Canada.

I joined ICMR fellowship for senior scientists for the year 2011-12 wef 4.2.13 to 18.2.13 at Sick Kids Hospital, University of Toronto, Toronto, Canada. The hospital is a tertiary care Pediatric Centre which has the state of the art pediatric divisions and facilities for the management of pediatric diseases. I underwent my observership for 14 days in Pediatric Dermatology (Division of Pediatric Medicine) under Dr. Miriam Weinstein , as the Fellowship Director and Dr. Elena Pope as the chair of the Pediatric Dermatology.

I was given a regular roster for various special pediatric clinics which catered to different pediatric skin diseases that included atopic dermatitis, genetic diseases of skin , Hemangiomas and vascular malformations, morphea, benign naevi, dermatofibromas and other papulosquamous conditions like psoriasis and lichen planus . I attended the clinics with different specialists and had an opportunity to learn about the management of several difficult dermatoses.I also learned about the use of novel medications like the use of propranolol and other beta blockers in place of systemic corticosteroids for the management of infantile hemangioma. I also learned about the use of immunosuppressive agents like azathioprine and cyclosporin in children.

I also attended clinical case meetings where several rare and difficult cases were presented followed by discussion and useful conclusions regarding their management. I participated in several case discussions, management discussions, multispecialty meetings, histopathology rounds and learnt about several useful modalities of treatment and approach to genetic disease of skin in children.

The fellowship was able to give me the much needed exposure to the modern methods of diagnosis, newer modalities of treatment and the necessary experience of the set up of various clinics, however I feel that the period of 2 weeks is very short and it should at least be extended to 3 months in order to master the new methods of diagnosis and treatment.

Dr. Vibhu Mendiratta

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